



SACRED HEART SCHOOLS

# Sacred Heart Schools

## April-25

Local, fresh and organic food cooked from scratch and with care.

	Monday	Tuesday	Wednesday	Thursday	Friday
	13	14	15	16	17
<b>Breakfast Grill</b>	(V) French Toast Sticks with Maple Syrup	(V) Breakfast Burrito Scrambled Eggs, Cheese, Potato Flour Tortilla	Cage Free Scrambled Egg, Applewood Smoked Bacon, Mini Bagel	(V) Cheesy Egg-in-the Hole with Breakfast Potatoes	(V) Pancakes with Banana Slices and Organic Blueberries
<b>Soup</b>	(V) Creamy Tofu and Wild Rice Soup	Chicken Tortilla with All the Fixins	(V) Tomato Basil Soup	(V) Zucchini SH Basil Soup with	New England Clam Chowder
<b>Platillo Latino</b>	Chicken Burrito Bowl, Lime Cilantro Rice, Whole Black Beans, Hand Cut Salsa, Roasted Corn, Dollop of Sour Cream, Lime Wedge and Tortilla Strips	Mexican Spiced French Fries Topped with Carne Asada, Smothered In Cheese, Sour Cream, Salsa, Smashed Avocado	Nacho Chips Topped with Slow Roasted Pork Carnitas, Melty Cheese, Black Olives, Pickled Jalapenos, Black Olives, Salsa Verde		
<b>Kitchen Table</b>	Free Range Lemon Rosemary Rotisserie Chicken or (V) Portobello, Roasted Red Potatoes, Seasoned Broccoli & Housemade Lemon Chicken Jus	Free Range Chicken or (V) Tofu Chili Verde, Spanish Rice, Black Beans, Sour Cream, Flour Tortillas	Chicken Cutlets or (V) Portobello Pan-Fried and Served in a Rich Sauce Made from Marsala Wine, Mushrooms, and Garlic and Shallots, Wild Rice Pilaf and Broccoli	Greek Free Range Chicken or (V) Cauliflower Shawarma Plate with Romaine Lettuce, Tomatoes, Red Onions, Feta Cheese, Persian Cucumber, Lebanese Garlic, Basmati Rice, Naan	Pepperoni, Combination, Hawaiian or (V) 5 Cheese Pizza
<b>Deli Creations</b>	Chicken Topped with House Marinara, Parmesan and Melted Mozzarella, Fresh SH Basil on a Hoagie Roll with House Chips	Crispy Fish Sandwich, Tarter Sauce, Shredded Lettuce, on a Soft Bun, with French Fries	Philly Beef Cheese Steak Sandwich, Onions, Peppers, Melty Swiss on a Soft Hoagie Roll with Gator Tots	Asian Inspired Chicken with Toasted Coconut Rice Bowl, Sliced Mango, Carrot Ribbons, Chopped Cucumber, Edamame, Sesame	Pasta Bar with Bolognese or (V) Buttered Penne, Parmesan Cheese, Garlic Bread
<b>Lunch Pack</b>	House Made Chicken Salad, Crackers, Cucumber Slices, Ranch Dip, Organic Berries	Turkey, Provolone Slider, Carrot Sticks, Ranch Dip, Mandarin Oranges, Raisins	(V) House Made Egg Salad, Crackers, Celery Sticks, Ranch Dip, Organic Berries	Diced Free Range Chicken, BBQ Sauce, Carrots Sticks, Cucumbers, Veggie Straws, That's It Fruit Bar	Cubed Ham, Mini Cheddar Cheese Squares, Crackers, Carrots Sticks, Ranch Dip, Sliced Organic Strawberries

Epicurean Group at Sacred Heart Schools

Café Manager - Maggie Hurtado

Executive Chef - Lidia Garcia



EPICUREAN GROUP

*fresh. honest. local.*