



SACRED HEART SCHOOLS

Sacred Heart Schools

April-25

Local, fresh and organic food cooked from scratch and with care.

	Monday	Tuesday	Wednesday	Thursday	Friday
	20	21	22	23	24
Breakfast Grill	French Toast Sticks with Maple Syrup	Croissant Beignet Dusted with Powdered Sugar and a side of Strawberry Jelly	(V) Breakfast Tacos Eggs, Soyrizo, Cheese, Salsa	Sun's Up Sandwich Cage Free Egg, Sausage or Cheddar Cheese on a English Muffin	(V) Breakfast Quesadilla Cage Free Egg, Cheese, Salsa
Soup	(V) Egg Drop Soup	Chicken Pozole with All the Fixin's	(V) Tomato Basil	Chicken Noodle	Beefy Minestrone
Platillo Latino	Free Range Chicken and Cheese Enchilada Topped with Red Sauce, Lime Cilantro Rice, House Chips, Hand Cut Salsa	Smoked & Pulled Brisket Tacos, Corn Tortillas, Cabbage, Tomatillo & Avocado Salsa, Pickled Red Onions, Crumbled Cotija Cheese & Cilantro Lime Rice	Carne Asada Quesadilla, Jack and Cheddar Cheese, Side of Black Bean Corn Salsa, Guacamole	Mexican Spiced Ground Beef and Cilantro Lime Rice Bowl Topped with Black Bean, Chopped Red Pepper and Corn Salsa, Chopped	
Kitchen Table	Spicy Plum Pork or (V) Tofu Stir Fried Noodles, Caramelized Onions, Carrots, Peppers, Ratto Ranch Bok Choy, Fresh	Lime Marinated Carne Asada Steak, Papas Bravas, Pinto Beans, Hand Cut Salsa	Chicken or (V) Tofu Tossed in a Sweet Orange Chili Glaze with Jasmine Rice and Roasted Broccoli	Peruvian Chicken or (V) Portobello with Aji Verde Sauce, Sweet Potato Fries, Sauteed Zucchini and Squash	Pizza Day!! Pepperoni (V) Pizza Day Cheese
Deli Creations	Teriyaki Beef Stir Fry, Juliene Onions, Bell Peppers, Fitz Farms Watsonville Roasted Mushrooms, Carrots, Brown Rice, Fresh Scallions & Cilantro	House Smoked Turkey and Swiss Cheese on Texas Toast, Lettuce, Tomato and Mayo, House Chips	Beef Birria Grilled Cheese, Sourdough, Melted Pepper Jack & Cheddar Cheese, Birria Consume & Garlic Fries	Hawaiian Rolls Topped with Ham, Swiss and Cheddar Cheeses, Baked to Crispy Perfection Served with Kettle Chips	Grass Fed Burger or (V) Garden Burger Bar, Crisp Lettuce, Sliced Tomato, Pickle Chips, Waffle Fries, Ranch Dip
Lunch Pack	Ham, Cheddar Cheese Slider, Pretzels, Red Bell Pepper Strips, Ranch Dip, Veggie Crisps, Organic Berries	(V) 1/2 Sunflower Butter, Strawberry Jam, 7 Grain Bread, Carrot Sticks, Ranch Dip, Honey Greek Yogurt, Organic Blueberries	(V) Cage Free Hard Boiled Eggs, Cucumber Slices, Ranch Dip, Veggie Crisp, Raisins, Red and Green Grapes	Turkey and Provolone Cheese Rolls, Crackers, Cherry Tomato, Fresh Blueberries, Dried Cranberries	(V) Pitas, House Made Hummus, Edamame, Watermelon, Pretzel Sticks

Epicurean Group at Sacred Heart Schools
Café Manager - Maggie Hurtado
Executive Chef - Lidia Garcia



EPICUREAN GROUP

fresh. honest. local.