



SACRED HEART SCHOOLS

# Sacred Heart Schools

April-25

Local, fresh and organic food cooked from scratch and with care.

	Monday	Tuesday	Wednesday	Thursday	Friday
	24	24	24	24	24
<b>Breakfast Grill</b>	Cage Free Eggs, Cheddar Cheese on a Mini Croissant	French Toast with Sliced Strawberries and Warm Maple Syrup	Blueberry Pancakes with Applewood Smoked Bacon	Sun's Up Sandwich Cage Free Egg, Sausage or Cheddar Cheese on a English Muffin	
<b>Soup</b>	(V) Mediterranean White Bean Soup	(V) Poblano Corn Chowder	(V) Tofu Miso Ramen	Beef and Barley	
<b>Platillo Latino</b>	Rojo Chicken Tostada, Refried Beans, Lettuce, Hand cut Salsa, Cotija Cheese with Side of Rice	Blackened Chicken Tacos, Red and Green Shredded Cabbage, Zesty Corn Salsa, Topped with Smokey Garlic Lime Sauce on a Corn Tortilla, with Pinto Beans	Chicken Burrito with Beans, Mexican Rice, Cheese and Salsa Served with Chips and Hand Cut Salsa	Crispy Cod Tacos on Flour Tortilla, Shredded Cabbage, Cajun Remoulade, Hand Cut Salsa, Refried Beans, House Made Chips	
<b>Kitchen Table</b>	Filipino Chicken Adobo or (V) Organic Tofu, Filipino Fried Garlic Rice, Roasted Broccoli	Aloha Kahlua Pork or (V) Portobello, White Rice, Grilled Pineapple Salsa, Hawaiian Rolls	Asian Teriyaki Beef or (V) Organic Tofu and Broccoli Stir Fry, Sticky Jasmine Rice, Vegetarian Egg Roll	Slow Cooked Carolina BBQ Chicken or (V) Portobello, Corn Polenta, Oven Roasted Garden Vegetables, Corn Bread	
<b>Deli Creations</b>	Chicken and Swiss Sandwich, on Ciabatta, Lettuce, Tomato and Mayo with House Chips	Mozzarella Sticks with Garlic Fries and Ranch Dip	Buffalo Wings, Garlic Fries and Ranch Dipping Sauce	Pineapple Fried Rice with Vegetables and Egg Topped with Teriyaki Chicken, Sesame Seeds	
<b>Lunch Pack</b>	Cage Free Hard Boiled Eggs, Cucumber Slices, Ranch Dip, Veggie Crisp, Raisins, Red and Green Grapes (V)	1/2 Sunflower Butter, Strawberry Jam, 7 Grain Bread, Carrot Sticks, Ranch Dip, Honey Greek Yogurt, Organic Blueberries (V)	Ham, Cheddar Cheese Slider, Pretzels, Red Bell Pepper Strips, Ranch Dip, Veggie Crisps, Organic Berries	Turkey and Provolone Cheese Rolls, Crackers, Cherry Tomato, Fresh Blueberries, Dried Cranberries	



**Epicurean Group at Sacred Heart Schools**  
**Café Manager - Maggie Hurtado**  
**Executive Chef - Lidia Garcia**



**EPICUREAN GROUP**  
*fresh. honest. local.*