



SACRED HEART SCHOOLS

Sacred Heart Schools

December-25

Local, fresh and organic food cooked from scratch and with care.

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
Breakfast Grill	Cage Free Eggs, Cheddar Cheese on a Mini Croissant	Pumpkin French Texas Toast with Whipped Pumpkin Butter	Blueberry Pancakes with Applewood Smoked Bacon	Sun's Up Sandwich Cage Free Egg, Sausage or Cheddar Cheese on a English Muffin	Breakfast Quesadilla Cage Free Egg, Applewood Smoke Bacon
Soup	(V) Zucchini Basil Soup with Lemon	Chicken Enchilada Soup	Tomato Basil Soup	Minestrone Soup	New England Clam Chowder
Platillo Latino	Beef Fajita Burrito Bowl, Red and Green Peppers, Onions, Mexican Rice, Black Beans, Chopped Tomatoes, Roasted Corn, Guacamole	Shrimp Tacos, Topped with Shredded Cabbage, Sweet and Spicy Pineapple Salsa, Tortilla Chips, Refried Beans	Huge Tortilla Stuffed with Shredded Pork or (V) Black Beans and Pepperjack Cheese and Grilled to Perfection Served with Hand Cut Salsa	Green Chicken Chile Enchilada Bowl, Spanish Rice, Shredded Cheddar and Jack Cheese, Whole Black Beans, Sliced Avocado, Topped with Tortilla Strips	
Kitchen Table	Indian Butter Chicken or (V) Palak Paneer, Cooked With Homemade Indian Tandoori Masala, Tossed In Rich And Buttery Tomato Gravy, Basmati Rice and Curried Cauliflower	Aloha Kalua Pulled Pork or (V) Portobello, Pineapple Fried Vegetable Rice and a Sweet Hawaiian Roll	Free Range Spicy Szechuan Chicken or (V) Tofu Stir Fry, Green Zucchini, Peppers, Carrots, Onions & Steamed Jasmine Rice	Pasta with Garlic Chicken or (V) Tofu, Caramelized Onions, Roasted Tomato Arrabbiata Sauce & Lemon Garlic Parmesan Bread Crumbs	Fresh Baked Pepperoni Pizza or Ham and Pineapple or (V) 5 Cheese with Roasted Broccoli
Deli Creations	Free Range Grilled Chicken Sandwich on Focaccia, Lettuce, Tomato, Mayo, House Chips	Garlic Parmesan Wings, Waffle Fries, Carrot Sticks and Ranch Dipping Sauce	Texas Toast Grilled Cheese with House Tomato Basil Soup	Grass Fed Beef or (V) Garden Sliders, Dill Pickle, Thousand Island Dressing, Sweet Potato Fries	(V) Buttered Penne Pasta, Shredded Parmesan Cheese, Roasted Broccoli, Garlic Bread
Lunch Pack	(V) Cage Free Hard Boiled Eggs, Cucumber Slices, Ranch Dip, Veggie Crisp, Raisins, Red and Green Grapes	(V) 1/2 Sunflower Butter, Strawberry Jam, 7 Grain Bread, Carrot Sticks, Ranch Dip, Honey Greek Yogurt, Organic Blueberries	Ham, Cheddar Cheese Slider, Pretzels, Red Bell Pepper Strips, Ranch Dip, Veggie Crisps, Organic Berries	Turkey and Provolone Cheese Rolls, Crackers, Cherry Tomato, Fresh Blueberries, Dried Cranberries	(V) Pitas, House Made Hummus, Edamame, Watermelon, Pretzel Sticks
 <u>Epicurean Group at Sacred Heart Schools</u> Café Manager - Maggie Hurtado Executive Chef - Lidia Garcia EPICUREAN GROUP <i>fresh. honest. local.</i>					