



SACRED HEART SCHOOLS

Sacred Heart Schools

March 2026

Local, fresh and organic food cooked from scratch and with care.

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5	6
Breakfast Grill	French Toast Sticks with Maple Syrup	Berry and Cheese Blintz with Fruit Compote and Warm Maple Syrup	(V) Breakfast Tacos Eggs, Soyrizo, Cheese, Salsa	Sun's Up Sandwich Cage Free Egg, Sausage or Cheddar Cheese on a English Muffin	(V) Breakfast Quesadilla Cage Free Egg, Cheese, Salsa
Soup	(V) Egg Drop Soup	(V) Cajun Corn Chowder	(V) Tomato Basil	Beef and Barley	New England Clam Chowder
Platillo Latino	Rojo Chicken Tacos, Flour Tortilla, Shredded Lettuce, Chopped Tomatoes, Cheddar Cheese, with Bean and Rice	Classic Sopos Topped with Refried Beans, Lime Marinated Carne Asada, Shredded Lettuce, Cotija Cheese, Pickled Onions	Pasta Topped with Lemon Caper Sauce and Grilled Chicken, Parmesan Cheese, Garlic Bread	Fresh Tortilla Chips Topped with Melty Cheese, Chicken, Whole Black Beans, Chopped Tomatoes, Black Olives, Green Onions, Side of Sour Cream	
Kitchen Table	Korean Bulgogi Beef or (V) Portobello, Pickled Ginger Rice, Roasted Bok Choy, Topped with Sesame and Scallions	Pollo or (V) Portobello al Pastor with Charred Tomato Salsa, Mexican Vegetable Rice, Charro Beans, Smashed Avocado, Tortillas	Spicy Pan Fried Noodles with Hoisin Roasted Pork or (V) Tofu, Roasted Seasonal Vegetables, Fresh Cilantro and Green Onions	Japanese Golden Curry Free Range Chicken or (V) Tofu, Rough Cut Carrots and Yukon Potatoes, Jasmine Rice	(V) Pizza Day!! Traditional Cheese Pizza or 4 Cheese Blend and Fresh Tomato - Olive Oil Base, Basil Chiffonade
Deli Creations	House Roasted Turkey, Sliced French Brie, Fresh Spring Mix, Beef Steak Tomato, Mayo on Alvarado Street Wheat Bread with House Chips	BBQ Western Bacon Burger, Sliced Cheddar, Crispy Onion Straws, Brioche Bun, Gator Tots	(V) 3 Grilled Cheese and Tomato Basil Soup	Buffalo Wings Tossed in Parmesan Garlic Sauce with Gilroy Garlic Fries and Ranch Dipping Sauce	(V) Cheese Raviolis with House Marinara Roasted Broccoli, and Garlic Bread
Lunch Pack	Ham, Cheddar Cheese Slider, Pretzels, Red Bell Pepper Strips, Ranch Dip, Veggie Crisps, Organic Berries	(V) 1/2 Sunflower Butter, Strawberry Jam, 7 Grain Bread, Carrot Sticks, Ranch Dip, Honey Greek Yogurt, Organic Blueberries	(V) Cage Free Hard Boiled Eggs, Cucumber Slices, Ranch Dip, Veggie Crisp, Raisins, Red and Green Grapes	Turkey and Provolone Cheese Rolls, Crackers, Cherry Tomato, Fresh Blueberries, Dried Cranberries	(V) Pitas, House Made Hummus, Edamame, Watermelon, Pretzel Sticks

Epicurean Group at Sacred Heart Schools
Café Manager - Maggie Hurtado
Executive Chef - Lidia Garcia



EPICUREAN GROUP

fresh. honest. local.