



SACRED HEART SCHOOLS

# Sacred Heart Schools

## March 2026

Local, fresh and organic food cooked from scratch and with care.

	Monday	Tuesday	Wednesday	Thursday	Friday
	9	10	11	12	13
Breakfast Grill		(V) Breakfast Burrito Scrambled Eggs, Cheese, Potato Flour Tortilla	Cage Free Scrambled Egg, Applewood Smoked Bacon, Mini Bagel	(V) Cheesy Egg-in-the Hole with Breakfast Potatoes	(V) Pancakes with Banana Slices and Organic Blueberries
Soup		Chicken Caldo Verde	(V) Butternut Squash Soup	(V) Vegetable Soup	New England Clam Chowder
Platillo Latino		Grass Fed Beef Sliders, 1,000 Island Dressing, Pickle Chips, Garlic Waffle Fries	Chicken Tzatziki Bowl, Shredded Romaine Lettuce, Basmati Rice, Cherry Tomatoes, Pickled Red Onions, Sliced Cucumbers, Salty Feta, Tzatziki Sauce, Lemon Wedge, Slice of Pita	Tri Colored Tortilla Chips Topped with Beef, Melty Pepper Jack and Cheddar Cheese, Hand Cut Salsa, Cool Sour Cream	(V) Triple Dipper Plate: Crispy Onion Rings, Mozzarella Sticks, Garlic Fries with Ranch, Marinara
Kitchen Table		Slow Roasted Pork or (V) Tofu Carnitas with Corn Tortillas Lime Cilantro Rice, Whole Beans, Cool Sour Cream	Slow Roasted Beef or (V) Tofu and Mushrooms with Roasted Carrots, Garlic Mashed Potatoes and Brown Gravy	Breaded Buttermilk Chicken or Tofu (V), Baked Candied Yams, Roasted Asparagus and Mushroom Medley	(V) Pizza Day!! Traditional Cheese Pizza or 4 Cheese Blend and Fresh Tomato - Olive Oil Base, Basil Chiffonade
Deli Creations		Teriyaki Chicken Bowl, Jasmine Rice, Mushrooms, Roasted Broccoli, Carrots, Topped with Spicy Teriyaki Sauce	Hawaiian Rolls topped with Honey Ham, Swiss Cheese Melted to Perfection, Dijonaise Spread, Served with House Sweet Potato Fries Ranch Dipping Sauce	Shredded BBQ Chicken Sandwich on Soft Potato Roll, Dill Pickle Chips, Onion Straws, with Waffle Fries	
Lunch Pack		Turkey, Provolone Slider, Carrot Sticks, Ranch Dip, Mandarin Oranges, Raisins	House Made Chicken Salad, Crackers, Cucumber Slices, Ranch Dip, Organic Berries	Diced Free Range Chicken, BBQ Sauce, Carrots Sticks, Cucumbers, Veggie Straws, That's It Fruit Bar	Cubed Ham, Mini Cheddar Cheese Squares, Crackers, Carrots Sticks, Ranch Dip, Sliced Organic Strawberries

**Epicurean Group at Sacred Heart Schools**  
**Café Manager - Maggie Hurtado**  
**Executive Chef - Lidia Garcia**



**EPICUREAN GROUP**  
*fresh. honest. local.*