



SACRED HEART SCHOOLS

Sacred Heart Schools

March 2026

Local, fresh and organic food cooked from scratch and with care.

	Monday	Tuesday	Wednesday	Thursday	Friday
	23	24	25	26	27
Breakfast Grill	Cage Free Eggs, Cheddar Cheese on a Mini Croissant	Cinnamon French Toast with Organic Mixed Berry Compote (V)	Breakfast Slider Cage Free Egg, Cheddar Cheese, Black Forest Ham on a Slider Roll	Breakfast Quesadilla Cage Free Egg, Applewood Smoke Bacon	Blueberry Pancakes with Lemon Zest, Powdered Sugar and Warm Maple Syrup
Soup	Creamy Zuppa Toscana Kale, Potato, Italian Sausage	Chicken Tortilla Soup with Cheese and Tortilla Strips	(V) Tofu Miso Ramen	Beef and Barley	
Platillo Latino	Beef Fajita Burrito Bowl, Red and Green Peppers, Onions, Mexican Rice, Refried Beans, Chopped Tomatoes, Roasted Corn, Shredded Cheddar Cheese, Guacamole, Sour Cream	Chicken Nachos Topped with Home Made Cheese Sauce, Hand Cut Salsa, Sour Cream and Guacamole	Huge Tortilla Stuffed with Shredded Chicken and Cheddar and Cheese and Grilled to Perfection Served with Hand Cut Salsa	Carne Asada Steak Fries, Cheese, Sour Cream, Hand Cut Salsa, Sour Cream	
Kitchen Table	Halal Grilled Tandoori Chicken or (V) Curried Cauliflower, Aromatic Basmati Rice, Spicy Dal, Tomato Cucumber Onion Salad, House made Jalapeno Cilantro Chutney, Raita & Garlic Naan	Slow Roasted Beef or (V) Tofu Chile Colorado, Aztec Rice, Black Beans, Hand Cut Salsa, Cool Sour Cream and Warm Tortillas	Spicy Plum Pork or (V) Tofu Pan Fried Noodles, Bok Choy, Carrots, Onions, Fresh Cilantro & Green Onions	Free Range Chicken or (V) Portobello Piccata, Crispy Red Potatoes, Dwelley Farms Roasted Seasonal Vegetables & House made Lemon Caper Butter Sauce	
Deli Creations	BBQ Pork Sandwich on Soft Bun, Pickles, Onion Straws, House Chips	Fried Chicken Sandwich on a Brioche Bun, Topped with Crunchy Lettuce, Beefsteak Tomatoes, Dill Pickles and Mayo, Served with Sweet Potato Fries		Chicken and Waffles, Warm Maple Syrup	
Lunch Pack	House Made Chicken Salad, Crackers, Cucumber Slices, Ranch Dip, Organic Berries	Turkey, Provolone Slider, Carrot Sticks, Ranch Dip, Mandarin Oranges, Raisins	1/2 Sunflower Butter, Strawberry Jam, 7 Grain Bread, Carrot Sticks, Ranch Dip, Honey Greek Yogurt, Organic Blueberries (V)	Cubed Ham, Mini Cheddar Cheese Squares, Crackers, Carrots Sticks, Ranch Dip, Sliced Organic Strawberries	



Epicurean Group at Sacred Heart Schools

Café Manager - Maggie Hurtado

Executive Chef - Lidia Garcia



EPICUREAN GROUP

fresh. honest. local.