



SACRED HEART SCHOOLS

Sacred Heart Schools

May-25

Local, fresh and organic food cooked from scratch and with care.

	Monday	Tuesday	Wednesday	Thursday	Friday
	19	20	21	22	23
Breakfast Grill	Cage Free Eggs, Cheddar Cheese on a Mini Croissant	Cinnamon French Toast with Organic Mixed Berry Compote (V)	Breakfast Slider Cage Free Egg, Cheddar Cheese, Black Forest Ham on a Slider Roll	Blueberry Pancakes with Lemon Zest, Powdered Sugar and Warm Maple Syrup	Breakfast Burrito Cage Free Egg, Potato, Cheese, Chorizo
Platillo Latino		Chicken Nachos with Melty Cheese, Hand Cut Salsa, Sour Cream and Smashed Avocado	Beef Barbacoa Bowl Lettuce, Hand Cut Salsa, Black Beans, Roasted Corn, Sour Cream, Smashed Avocado	Chicken Street Tacos with Onions and Cilantro, Lime Wedge, Sliced Radish, Mexican Rice	
Kitchen Table	All Natural Chicken or (V) Tofu Stir-Fry with Spicy Hoisin, Broccoli, Snow Peas, Carrots, with Jasmine Rice	Slow Roasted Crispy Shredded Pork Carnitas or (V) Portobello, and served with Tiny Flour Tortillas, Onion and Cilantro, Avocado Salsa, Cool Sour Cream, Whole Black Beans	Fire Grilled Seasoned Free Range Chicken Legs and Thighs or (V) Tofu with Macaroni Salad and Sweet Chili Grilled Corn on the Cobb	Mediterranean Beef or (V) Mediterranean Cauliflower Shawarma Plate with Romain Lettuce, Tomatoes, Red Onions, Feta Cheese, Persian Cucumber, Tziki Sauce, Spiced Couscous, Toasted Pita	Chicken or (V) Vegetarian Fried Rice, Peas, Carrots, Green Beans, Fried Egg, Served with Vegetable Spring Roll
Deli Creations	Lemon Pepper Wings with Fries and Ranch	Smoked Turkey Club with Applewood Smoked Bacon, Crisp Lettuce, Tomato, Mayo on Croissant with House Chips			(V) Buttered Pene Pasta, Shredded Parmesan Cheese, Roasted Broccoli, Garlic Bread
Lunch Pack	House Made Chicken Salad, Crackers, Cucumber Slices, Ranch Dip, Organic Berries	Turkey, Provolone Slider, Carrot Sticks, Ranch Dip, Mandarin Oranges, Raisins	1/2 Sunflower Butter, Strawberry Jam, 7 Grain Bread, Carrot Sticks, Ranch Dip, Honey Greek Yogurt, Organic Blueberries (V)	Cubed Ham, Mini Cheddar Cheese Squares, Crackers, Carrots Sticks, Ranch Dip, Sliced Organic Strawberries	Cage Free Hard Boiled Eggs, Cucumber Slices, Ranch Dip, Veggie Crisp, Raisins, Red and Green Grapes (V)

Epicurean Group at Sacred Heart Schools

Café Manager - Maggie Hurtado

Executive Chef - Lidia Garcia



EPICUREAN GROUP

fresh. honest. local.