



SACRED HEART SCHOOLS

# Sacred Heart Schools

## May-26

Local, fresh and organic food cooked from scratch and with care.

	Monday	Tuesday	Wednesday	Thursday	Friday
	4	5	6	7	8
<b>Breakfast Grill</b>	(V) French Toast Sticks with Maple Syrup	(V) Breakfast Burrito Scrambled Eggs, Cheese, Potato Flour Tortilla	Cage Free Scrambled Egg, Applewood Smoked Bacon, Mini Bagel	(V) Cheesy Egg-in-the Hole with Breakfast Potatoes	(V) Pancakes with Banana Slices and Organic Blueberries
<b>Soup</b>	Caldo Verde with Chicken	Pozole	Hot and Sour	Italian Wedding Soup	Broccoli Cheddar
<b>Platillo Latino</b>	Free Range Rojo Chicken or (V) Organic Tofu Nacho Bar, House Tortilla Chips, House Made Cheese Sauce, Hand Cut Salsa, Jalapenos, Black Olives, Cool Sour Cream, Smashed Guacamole	Lime Cilantro Marinated Carne Asada Tacos, Flour Tortillas with Lettuce, Tomato and Cheese with Tortilla Chips and Salsa Fresco	Southwest Steak and Cheese Quesadilla Stuffed with Whole Black Beans, Roasted Corn, Chopped Red Peppers, Grilled with Side of Salsa and Sour Cream	Rojo Chicken or (V) Black Bean Enchiladas with Rojo Sauce, Cheese, Cilantro Rice	
<b>Kitchen Table</b>	Free Range Huli Huli Chicken or (V) Tofu, Dwelley Farms Stir Fried Vegetables, Macaroni Salad, Green Scallions & Fresh Cilantro	Thin Sliced Steak or (V) Portobello Fajitas, Red and Green Peppers, Sliced Onions, Lime Cilantro Rice, Roasted Elote Corn, Hand Cut Salsa, Tortillas	Szechuan Chicken or (V) Organic Tofu Stir Fry with Del Cabo Farms Roasted Mixed Bell Peppers, Onions, Snow Peas and Steamed Brown Rice	Grilled Free Range Chicken or (V) Portobello Florentine, Orzo Pasta and Grilled Marinated Vegetables, Garlic Bread	Pepperoni Pizza or (V) 5 Cheese Pizza, or Hawaiian with Ham and Pineapple with Roasted Broccoli
<b>Deli Creations</b>	Alvarado Street Sliced Wheat, Topped with Applewood Smoked Bacon, Crunchy Iceberg Lettuce, Sliced Tomato, Mayo, House Made Lemon Pepper Chips	BBQ Wings, Waffle Fries, Carrot Sticks and Ranch Dipping Sauce	North Carolina Style Crispy Chicken Sandwich on Kaiser Roll with Lettuce, Tomato, Pickles, Mustard BBQ Sauce and Garlic Fries	Teriyaki Chicken Bowl, Pickled Ginger Rice, Red Peppers, Edamame, Chopped Cucumber, Shredded Carrots, Chopped Scallions, Sesame	Free Range Chicken, Buttered Penne Pasta, Shredded Parmesan Cheese, Roasted Broccoli, Garlic Bread
<b>Lunch Pack</b>	House Made Chicken Salad, Crackers, Cucumber Slices, Ranch Dip, Organic Berries	Turkey, Provolone Slider, Carrot Sticks, Ranch Dip, Mandarin Oranges, Raisins	House Made Chicken Salad, Crackers, Cucumber Slices, Ranch Dip, Organic Berries	Diced Free Range Chicken, BBQ Sauce, Carrots Sticks, Cucumbers, Veggie Straws, That's It Fruit Bar	Cubed Ham, Mini Cheddar Cheese Squares, Crackers, Carrots Sticks, Ranch Dip, Sliced Organic Strawberries

**Epicurean Group at Sacred Heart Schools**

**Café Manager - Maggie Hurtado**

**Executive Chef - Lidia Garcia**



**EPICUREAN GROUP**

*fresh. honest. local.*