



SACRED HEART SCHOOLS

Sacred Heart Schools

May-26

Local, fresh and organic food cooked from scratch and with care.

	Monday	Tuesday	Wednesday	Thursday	Friday
	11	12	13	14	15
Breakfast Grill	Cage Free Eggs, Cheddar Cheese on a Mini Croissant	French Toast with Sliced Strawberries and Warm Maple Syrup	Blueberry Pancakes with Applewood Smoked Bacon	Sun's Up Sandwich Cage Free Egg, Sausage or Cheddar Cheese on a English Muffin	Breakfast Quesadilla Cage Free Egg, Applewood Smoke Bacon
Soup	Chicken Curry Soup with Rice	(V) Cuban Black Bean	Chicken Barley	Potato Chowder	New England Clam Chowder
Platillo Latino	3 Steak Street Tacos, Onion and Cilantro, Lime on Corn Tortillas with Sliced Radish and Spanish Vegetable Rice	Free Range Chicken Quesadilla with Peppers, Onions and Monterey Jack Cheese with Spanish Rice, Shredded Lettuce, Sour Cream, Housemade Salsa and Guacamole	Flautas with Southwest Chicken, Black Beans, Roasted Corn and Jack Cheese Served with Chipotle Ranch Dipping Sauce	Beef Brisket Tacos on Corn Tortillas, Shredded Red and Green Cabbage, Hand Cut Salsa, Roasted Corn and Black Bean Salad Topped with Cotija Cheese	
Kitchen Table	Coconut Mango Thai Chicken or (V) Tofu Curry, Red and Green Pepper, Mango Chunks, Jamine Rice	Pork al Pastor Marinated in Chiles, Spices and Pineapple, White Pineapple Rice, Whole Black Beans, Tortillas	Slow Roasted All Natural Barbecued Beef Brisket or (V) Portobello with Yukon Gold Garlic Mashed Potatoes and Brown Gravy, Spring Vegetable Medley	Organic Mac-n-Cheese with Apple Smoked Chicken Sausage or (V) Vegetarian Mac-n-Cheese, Oven Roasted Vegetable Medley, Garlic Toast	Pepperoni Pizza or (V) 5 Cheese Pizza, or Hawaiian with Ham and Pineapple with Roasted Broccoli
Deli Creations	Slow Roasted Pork Bahn Mi on Crusty French Roll with Pickled Carrot and Radish, Sliced Cucumbers, Cilantro, Spicy Mayo with House Chips	Steak Teriyaki Bowl with Steamed Coconut Rice, Edamame, Carrot Ribbons, Grilled Chopped Zucchini, Grilled Pineapple Relish	Chicken Caesar Tortilla Wrap Romaine, Croutons, Grilled Chicken, House Made Caesar, with House Chips	Free Range Grilled Chicken Club Sandwich on Multigrain Bread with Swiss Cheese, Applewood Smoked Bacon, Lettuce, Tomatoes and Curly Fries	Butter Pasta, Parmesan Cheese, Garlic Bread
Lunch Pack	Cage Free Hard Boiled Eggs, Cucumber Slices, Ranch Dip, Veggie Crisp, Raisins, Red and Green Grapes (V)	1/2 Sunflower Butter, Strawberry Jam, 7 Grain Bread, Carrot Sticks, Ranch Dip, Honey Greek Yogurt, Organic Blueberries (V)	Ham, Cheddar Cheese Slider, Pretzels, Red Bell Pepper Strips, Ranch Dip, Veggie Crisps, Organic Berries	Turkey and Provolone Cheese Rolls, Crackers, Cherry Tomato, Fresh Blueberries, Dried Cranberries	Pitas, House Made Hummus, Edamame, Watermelon, Pretzel Sticks (V)

Epicurean Group at Sacred Heart Schools
Café Manager - Maggie Hurtado
Executive Chef - Lidia Garcia



EPIPUREAN GROUP

fresh. honest. local.