




SACRED HEART SCHOOLS

# Sacred Heart Schools

## September-25

Local, fresh and organic food cooked from scratch and with care.

	Monday	Tuesday	Wednesday	Thursday	Friday
	15	16	17	18	19
Breakfast Grill	(V) French Toast Sticks with Maple Syrup	Cinnamon French Toast with Organic Mixed Berry Compote (V)	Breakfast Slider Cage Free Egg, Cheddar Cheese, Black Forest Ham on a Slider Roll	Blueberry Pancakes with Lemon Zest, Powdered Sugar and Warm Maple Syrup	Breakfast Burrito Cage Free Egg, Potato, Cheese, Chorizo
Soup	(V) Hot and Sour Soup	Pozole with All The Fixin's	(V) Chana Dal	Hearty Chicken Cacciatore Soup with Rice	New England Clam Chowder
Platillo Latino	Birria Beef Quesadilla, House Tortilla Chips, Hand Cut Salsa	Crispy Fish Tacos, Shredded Red and Green Cabbage, Hand Cut Salsa, Creamy Lemon Dill Tarter Sauce, Flour Tortilla, Side of Chips	Chicken Street Tacos on Tiny Corn Tortillas, Onion Cilantro Mix, Black Beans, Salsa Verde		Sourdough Sam Bread Bowl Filled with New England Clam Chowder
Kitchen Table	Japanese Chicken or (V) Tofu Curry, Rough Cut Carrots and Potatoes, White Jasmine Rice	Cuban Beef or (V) Tofu Ropa Vieja, Cuban Yellow Rice, Black Beans, Hand Cut Salsa, Corn Tortillas	Beef or (V) Cauliflower Vindaloo with Peppers, Onions, Ginger Garlic Paste, Indian Spices, Steamed Lemon Rice, Garlic Naan and House made Cilantro Mint Chutney	Free Range Chicken and Applewood Smoked Bacon or (V) Wild Mushroom Pasta with Fresh Spinach and Tomatoes in Garlic Cream Sauce, Garlic Bread	Fresh Baked Pepperoni Pizza or Ham and Pineapple or (V) 5 Cheese with Roasted Broccoli
Deli Creations	CBR- Chicken Bacon Ranch Sandwich on Whole Wheat, Lettuce, Sliced Tomato, House Chips	Classic Beef Pastrami Reuben with House-Made Sauerkraut and Thousand Island Dressing, Swiss Cheese on Ciabatta and Kettle Chips	Mini Turkey Corndogs with House Chips	Crispy Wings Tossed in Buffalo Sauce, Carrots Sticks, Crispy Gator Tots	(V) Buttered Pasta, Fresh Parmesan and Garlic Bread
Lunch Pack	House Made Chicken Salad, Crackers, Cucumber Slices, Ranch Dip, Organic Berries	Turkey, Provolone Slider, Carrot Sticks, Ranch Dip, Mandarin Oranges, Raisins	1/2 Sunflower Butter, Strawberry Jam, 7 Grain Bread, Carrot Sticks, Ranch Dip, Honey Greek Yogurt, Organic Blueberries (V)	Cubed Ham, Mini Cheddar Cheese Squares, Crackers, Carrots Sticks, Ranch Dip, Sliced Organic Strawberries	Cage Free Hard Boiled Eggs, Cucumber Slices, Ranch Dip, Veggie Crisp, Raisins, Red and Green Grapes (V)
<u>Epicurean Group at Sacred Heart Schools</u> <b>Café Manager - Maggie Hurtado</b> <b>Executive Chef - Lidia Garcia</b>			 <b>EPICUREAN GROUP</b> <i>fresh. honest. local.</i>		