

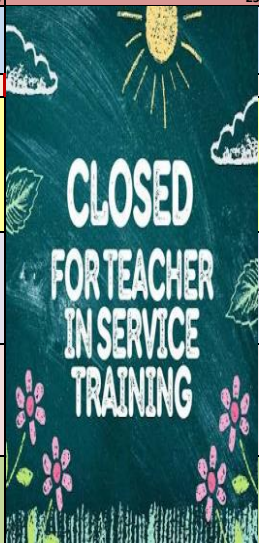


SACRED HEART SCHOOLS

Sacred Heart Schools

September-25

Local, fresh and organic food cooked from scratch and with care.

	Monday	Tuesday	Wednesday	Thursday	Friday
	21	22	23	24	25
Breakfast Grill	(V) French Toast Sticks with Maple Syrup	Cinnamon French Toast with Organic Mixed Berry Compote (V)	Breakfast Slider Cage Free Egg, Cheddar Cheese, Black Forest Ham on a Slider Roll	Blueberry Pancakes with Lemon Zest, Powdered Sugar and Warm Maple Syrup	
Soup	(V) Creamy Corn Chowder	Albondigas	Cowboy Stew	(V) Vegetable Barley Soup	
Platillo Latino	Guadalajara Style Carne Asada Torta, French Roll, Refried Beans, Queso Cotija, Avocado, Pickled Onions with Habanero and Fresh Tortilla Chips & Salsa	Big Flour Tortilla Stuffed with Chicken, Jack and Cheddar Cheeses, Folded and Grilled to a Crispy Perfection, Roasted Red Salsa	House Tortilla Chips Topped with Cheese, Rojo Chicken, Smashed Avocado, Pickled Jalapenos, Shredded Lettuce, Hand Cut Salsa, Sour Cream Drizzle		
Kitchen Table	Korean Bulgogi Beef or (V) Portobello, Pickled Ginger Rice, Roasted Bok Choy, Kimchi, Topped with Sesame and Scallions	Pork or (V) Tofu al Pastor Mexican Rice, Whole Pinto Beans, Hand Cut Salsa, Flour Tortillas, Cool Sour Cream	Grilled Tri-Tip or (V) Portobello with Roasted Brussel with Bacon, Garlic Mashed Potatoes, Brown Gravy, Dinner Roll	House Made Macaroni and 5 Cheese with Apple Wood Smoked Bacon or (V) Butternut Squash, Roasted Broccoli and Garlic Bread	
Deli Creations	Pasta Bowl Topped with Sliced Chicken and Marinara Sauce or (V) Marinara Sauce, Parmesan Cheese, Garlic Bread	Greek Beef Kabobs, Crispy Red Potatoes, Dwelley Farms Roasted Seasonal Vegetables and Lebanese Garlic Sauce	Chicken Tenders and House Fries with Ranch Dipping Sauce	49er Stadium Dog Wrapped in Bacon Topped with Sweet Relish with Gator Tots	
Lunch Pack	House Made Chicken Salad, Crackers, Cucumber Slices, Ranch Dip, Organic Berries	Turkey, Provolone Slider, Carrot Sticks, Ranch Dip, Mandarin Oranges, Raisins	1/2 Sunflower Butter, Strawberry Jam, 7 Grain Bread, Carrot Sticks, Ranch Dip, Honey Greek Yogurt, Organic Blueberries (V)	Cubed Ham, Mini Cheddar Cheese Squares, Crackers, Carrots Sticks, Ranch Dip, Sliced Organic Strawberries	
Epicurean Group at Sacred Heart Schools Café Manager - Maggie Hurtado Executive Chef - Lidia Garcia			 EPICUREAN GROUP <i>fresh. honest. local.</i>		